



OHIO SELF DETERMINATION ASSOCIATION OSDA 2008 ANNUAL CONFERENCE

WHAT PEOPLE REALLY WANT

Announcing Guest Speaker

Susan Hill

*Senior Policy Advisor from the Centers of Medicare
and Medicaid Services (CMS)*

Featured Speakers

Gerry Faust

Former Notre Dame Football Coach

Kathie Snow

Consultant on Disability Issues

Mia Peterson

Self Advocate

David Coleman

"The Dating Doctor"

Judi Winall

Spiritual Teacher/Mentor

Scott Osterfeld

Consultant

...and More!

September 16 & 17, 2008

University Plaza Hotel
3110 Olentangy River Road
Columbus, OH 43202

A Conference for

EVERYONE

**County Board Administrators, Family
Members, Provider Staff, Other Professionals,
and Self-Advocates**

**PLUS...People First of Ohio
10 Year Anniversary Celebration!"**

ODMRDD CEU's Pending

OHIO SELF DETERMINATION
ASSOCIATION

425 W. Schrock Road
Suite 201
Westerville, OH 43081

Phone: 614-890-9822
Fax: 614-890-5485
E-mail: ohiosda@sbcglobal.net
www.ohiosda.org

You're Invited

From the OSDA President, Annette Davis-Kramp

Please consider attending our **2008 Ohio Self Determination Association Conference!** In talking with people about putting together this year's conference, we were advised of a number of topic areas that should be included - and that is just what we did! This year's conference will address how to make home and community based waivers self directed; how to help people connect with their communities; and how to deal with issues of loneliness. That is why this year's conference is titled "***What People Really Want***".

We hope that you will join us in our efforts to expand the principles of self-determination across Ohio. The conference represents a unique opportunity for Ohioans that are involved in the self-determination movement or wish to become involved in the movement to gather with self-advocates, family members, professionals, staff, friends, and experts from across the country.

We have lined up some very special guests this year.

Susan Hill, Senior Policy Advisor from the Centers of Medicare and Medicaid Services (CMS) will be joining us to discuss how CMS intends to incorporate the principles of self-determination in their various programs so that real opportunities exist to obtain quality supports in the community. She will be available throughout the entire conference for informal discussions on ***what people really want*** to see in home and community based waiver programs. We hope that you will tell her what changes are needed to create a system that will be easy enough to navigate and that will really help in living a self determined life. **She wants to hear from you!**

Gerry Faust will be returning! Gerry was quite a hit at last year's conference and will be joining us again this year. Gerry is a former coach of the University of Notre Dame. This year his session will be focused on "***How To Be Your Best***". He will again be autographing and selling his book *The Golden Dream*.

David Coleman, known nationwide as "The Dating Doctor," is a captivating speaker and will be addressing issues around relationships, loneliness, and dating.

Mia Peterson from Des Moines, Iowa (and a former Ohioan) will be joining us to remind us how to move self-determination forward. Mia owns her own business, ***Aiming High*** and spends time traveling the country promoting issues around self-advocacy and self-determination.

Judi Winall, a spiritual teacher and healer, will speak about "Laughter Yoga." This combination of laughter and yoga exercises, which Judi teaches, strengthens the body and mind.

Kathie Snow, author of ***Disability is Natural***, will also be presenting at the conference. She has a unique and genuine perspective to share. Kathie is an author, parent, and business owner. She challenges old ways of thinking about people with disabilities and provides positive alternatives.

Scott Osterfeld will lead a workshop that will give participants a variety of strategies to create systems and environments to give individuals more control over their lives. Scott has over 20 years' experience working with individuals with intellectual and developmental disabilities

We are also happy to announce that **People First of Ohio** is celebrating their ten year anniversary! People First will host a celebration open house in the Atrium Plaza on the first day of the conference.

It is our desire to have attendees from all areas of the system. We look forward to a conference representing an equal number of self-advocates, family members, providers, county board staff and other professionals.

Featured Speakers

Gerry Faust

Tuesday, September 16, 2008
9:30am—10:30am

Faust coached for 18 years at Moeller High School in Cincinnati, where he produced a 174-17-2 record that included seven unbeaten seasons, four national prep titles, and five Ohio state titles. He was head football coach at Notre Dame for four years where his record included a 1983 Liberty Bowl victory and a 1984 Aloha Bowl appearance. Faust has also authored two books: *The Golden Dream* and *Tales from the Notre Dame Sideline*. A reader/reviewer on Amazon.com wrote this after reading *The Golden Dream*:

“Gerry Faust represents what is good in sports today. He truly cares about people. If more coaches had this approach we would not have cheating, scandals and a me approach. The book gives the reader confidence that there are good people, not only in sports, but in the world today.”

“How To Be The Best”



Judi Winall

Tuesday, September 16, 2008
11:00am—12:00pm

Judi A. Winall, B.Div., CIH is a spiritual mentor/teacher, certified intuitive healer and certified laughter yoga teacher. She is the founder of The Center for Soul Empowerment, faculty member with the Stillpoint School of Integrative Life Healing, and is on staff at the TriHealth Integrative Health & Medicine Center. Judi will discuss “Laughter Yoga,” a combination of simulated laughter exercises with gentle yoga breathing. It was created by Dr. Madan Kataria, a physician from Mumbai, India. He realized that we can laugh for no reason and receive tremendous health benefits from it. Laughter Yoga lifts our spirits, oxygenates our bodies, strengthens the immune system, reduces blood pressure, stimulates “happy” chemistry, improves our attitude & behavior and helps create peace in ourselves and our world.

“Laughter Yoga”



Kathie Snow

Tuesday, September 16, 2008
1:30pm—3:30pm

Kathie is a zealous promoter of new ways of thinking about disability. Her book, *Disability is Natural*, is the culmination of 16 years of experience as a public speaker, trainer, and consultant on disability issues. Kathie believes it's time for new perspectives about disability, and she created the Bowl of Apples logo to illustrate that just as a green apple is more like red apples than different, individuals with disabilities are more like people without disabilities than different. In addition to her book, Kathie has produced an enlightening and provocative video, and a line of products and a variety of articles---new ones are added regularly---to share the revolutionary common sense that disability is natural!

“Disability is Natural”



(Visit Kathie's website at www.disabilityisnatural.com)

Featured Speakers

Susan Hill

Wednesday, September 17, 2008
8:30am—10:00am

“Self-Determination and the Centers for Medicare and Medicaid Services: The Role of the Federal Government”

Susan Hill is a Senior Policy Advisor in the Disabled and Elderly Health Programs Group at the Centers for Medicare and Medicaid Services (CMS). She has led policy and operational aspects of numerous programs for people with disabilities and elders in both the Medicaid and Medicare programs. Currently, she is leading the Group’s strategic planning efforts aimed at reforming the Medicaid long-term support system to be “balanced and person-driven” and provide real opportunities for quality supports in the community.

Susan will be joining us to discuss how CMS intends to incorporate the principles of self-determination in their various community programs so that real opportunities exist to obtain self directed supports in the community. Come to hear about the *Guide Book on Self Determination* that is under development through a collaborative effort with CMS and The Center for Self Determination. Additionally, she will be available throughout the entire conference for informal discussions on what people really want to see in home and community based waiver programs that would assist in moving to self determined lives. **She wants to hear from you!**

Mia Peterson

Wednesday, September 17, 2008
10:30am—11:30am

“Aiming High”

Mia Peterson has lived in Des Moines, Iowa, since August 2005. In Des Moines, Mia was employed for two years at Iowa Protection and Advocacy Services as an assistant to support staff. Recently, Mia has accepted new employment at the Des Moines downtown YMCA. Mia is also employed part-time at ASK Family Resources, a service coordinating non-profit organization, helping develop a new program focused to be a resource for individuals in transition.



Mia worked and lived independently in Cincinnati, Ohio, for 9 ½ years. Mia was recruited to Cincinnati to be a co-editor and columnist for *The Community Advocacy Press*, a quarterly newsletter focused on the interests of people with developmental disabilities. While in Cincinnati, Mia experienced several interesting jobs. First, she was a nanny for a family who had a daughter with Down syndrome. Then Mia worked for the Down Syndrome Association of Greater Cincinnati and later for the County Board of MR/DD as Self-Advocacy Coordinator. Also while in Ohio, Mia secured a grant to fund the development of a People First organization. Mia served as president of People First of Ohio for two years. Several years ago, Mia also started her own small business, *Aiming High*. Through *Aiming High*, Mia travels nation-wide providing keynote speeches and workshops on issues of self-determination and independent living.

Mia recently completed terms totaling 6 years as the first self-advocate on the board of directors of the National Down Syndrome Society. She served as chair of that organization’s Advocacy Advisory Board. Mia traveled independently to New York City for the quarterly board meetings and special events. In Des Moines, Mia volunteers with the local Down Syndrome Society affiliate group, Up with Down, serving on committees and as an ambassador for events.

Featured Speakers

David Coleman

“The Dating Doctor”

Wednesday, September 17, 2008

12:30pm—2:30pm

David Coleman is known nationwide as The Dating Doctor™ and “America’s Real-Life Hitch!” He has been honored ten times as the National Speaker of the Year - 7 times by Campus Activities Magazine and 3 times by The National Association for Campus Activities. He recently won Speaker Of The Year again in 2006! He is a highly sought after speaker, entertainer, emcee, author, leadership trainer, retreat facilitator, and radio and television personality.

David has been featured in such fine publications as *Us Magazine*, *Glamour*, *Celebrity Living*, *Mademoiselle*, *Women's World*, *Cosmopolitan*, *The USA Today*, *The Wall Street Journal*, *The Washington Post* and *The New York Times*. He has appeared on all major television networks as well as hundreds of radio stations nationwide. He is a regular guest on STAR 105.7 in Grand Rapids, Star 94 in Atlanta, MIX 105.1 in Orlando, KLITE 105.3 in Bakersfield, and "The Big One" 700 WLW, in Cincinnati, Ohio.



Scott Osterfeld

“My Life or Yours?”

Wednesday, September 17, 2008

2:30pm—3:45pm

Scott has over 20 years’ experience working with individuals with intellectual and developmental disabilities, including 16 years working at LADD, Inc., a program in Cincinnati, Ohio that provides a variety of services to adults with disabilities. For eight of those years, Scott served in the role of Director of Program Operations.

Since 1997, Scott has been the President and CEO of Osterfeld Consulting, a principle-based educational and consulting company that provides education and training in the human service field. In addition, Scott also wears a variety of other hats including being a part-time Family and Child Therapist with Beech Acres Parenting Center, Director of Children’s Ministry at the Vineyard Church Northwest, and the Operations Administrator for the Ohio Alliance of Direct Support Professionals (OADSP).



Scott graduated from Miami University with a B.S. degree in Individual and Family Studies in 1990 and graduated from Miami University with a M.S. degree in Family and Child Studies in 1992. He is also a licensed social worker. Scott’s most important roles are being the husband to his wonderful wife Renee for the past 18 years and being the father of his three beautiful daughters - Kayte, Jessie, and Lindsey.

Scott will lead a workshop titled “My Life or Yours?” This session will give participants a variety of strategies to create systems and environments to give individuals more control over their lives.

OSDA Conference - 2008

“What People Really Want...”

Tuesday, September 16, 2008

General Session

8:30 am – 9:00 am	Registration <i>Continental Breakfast</i>
9:00 am – 9:30 am	Opening Remarks <i>OSDA President – Annette Davis Kramp</i>
9:30 am – 10:30 am	Keynote: Gerry Faust, Former ND Football Coach – Back by popular demand!! <i>“How to be the Best”</i> <u>The Golden Dream</u> by Gerry Faust available for \$15. (\$5 generously donated to OSDA.) <i>Book signing following session</i>
10:30 am – 11:00 am	BREAK
11:00 am – 12 noon	Judi Winall - <i>Laughter Yoga</i>
Noon – 1:30 pm	Awards Luncheon ESDY Awards Linda Kunick - <i>Butterfly</i>
1:30 pm – 3:30 pm	Kathie Snow – <i>Disability is Natural</i> www.disabilityisnatural.com

4pm - 7pm *People First of Ohio* will hold a celebration in honor of their 10 Year Anniversary!

7 pm - 10 pm Hospitality: Atrium Plaza Sponsored by Petermann Transportation

Come check it out--food, drink, music and arts!!

Bring your favorite CD's!! Network with Regional Groups!!

Please visit the atrium throughout the conference
to view and purchase products from the entrepreneurs!

OSDA Conference - 2008
“What People Really Want...”

Wednesday, September 17, 2008

8:00 am – 8:30 am	Registration Continental Breakfast
8:30 am – 10:00 am	Susan Hill, Senior Policy Advisor, CMS <i>Self-Determination and CMS: The Role of the Federal Government</i>
10:00 am - 10:30 am	Break
10:30 am – 11:30 am	Mia Peterson – <i>Aiming High</i>
11:30 am – 12:30 pm	Lunch <i>“What Do You Want to See in Ohio?”</i> (pass the mic session)
12:30 pm – 2:30pm	David Coleman - <i>The Dating Doctor</i>
2:30 pm – 3:45 pm	Scott Osterfeld <i>My Life or Yours?</i>
3:45 pm – 4:00 pm	Silent Auction winners announced!!

**Ohio Self Determination Association (OSDA)
Fall 2008 Conference – September 16-17, 2008
“What People Really Want”**

Stipend Information and Application

Stipends are available for self-advocates, support persons and family members who would like to attend the OSDA conference. An application for each person requesting a stipend is required.

There are two types of stipends available:

- 1). A registration stipend in the amount of \$100.00 that can be applied to the conference registration fee of \$100.00
- 2). A hotel stipend of \$50.00 that can be applied towards a hotel room for one night. The cost for a single bed hotel room is \$92.00 per night and for a double bed hotel room is \$99.00 per night. Limit of two stipends per hotel room.

Please apply for the stipend by filling out the application form listed below and turning it in along with the conference registration form listed on page 9. The forms can be mailed or faxed to OSDA. The mailing address and fax number is listed below.

Stipend awards are not automatic. Once the application has been reviewed, OSDA will notify the applicant to inform them of their award status.

Stipend Application

Name

Please circle one: Self Advocate Family Member Support Person

Please check the stipend(s) that you wish to apply for:

_____Registration stipend of \$100.00 _____Hotel stipend of \$50.00

If applying for a hotel stipend please indicate if you will be rooming alone or the name of the person/s you will be rooming with: _____

Please list below name of person to contact regarding the award notification:

Name of person to contact

Phone number of contact person

Fax or Mail forms to: **OSDA**
425 W. Schrock Rd., Ste. 201
Westerville, OH 43081

Fax Number: 614-890-5485

**Conference Registration:
What People Really Want
September 16 - 17, 2008**

**Registration and cancellation
deadline:
September 5, 2008
Conference space is limited
so register early!**

Please complete a registration form for each attendee. (Please Print)

Name _____ Agency _____

Address _____ City _____ ST _____ Zip _____

Phone number () _____ Email _____

Registration Fee: One fee for both days. The fee includes continental breakfast and lunch for both days.

Please check one:

_____ OSDA Members: \$175.00 _____ Non-OSDA Member: \$225.00

_____ Self Advocate/Family member: \$100.00 _____ Applied for Stipend (page 8)

Registration Fees are payable and mailed along with this form to:

OSDA, 425 W. Schrock Rd., Ste. 201, Westerville, OH 43081

Registration Forms and Purchase Orders may be faxed to: **(614)890-5485.**

If you have any questions, need additional information, or are interested in becoming an OSDA member please call (614)890-9822 or email us at Ohiosda@sbcglobal.net. Also, you can visit our website at www.ohiosda.org.

Please specify if you will need special accommodations (for example, vegetarian, diabetic, pureed food, etc.):

Ohio Self Determination Association Membership Application

We encourage you to become an **OSDA** member or renew your membership today!
Please complete the following form and mail it along with your payment to:

**425 West Schrock Rd., Ste. 201
Westerville, OH 43081**

**Make your check payable
to: OSDA**

**Current Membership Year:
April 1, 2008—March 31, 2009**

Please select which type of membership you are joining and fill out the bottom portion of this form:

Organizational (\$600)_____

This membership is designed to cover all staff within the organization.

Organization Name: _____

Contact Name: _____

Professional (\$50)_____

This membership will apply for one person, example, an independent provider.

Professional Name: _____

Family (\$25)_____

This membership is designed for families of an individual with disabilities.

Family Member Name: _____

Individual/Consumer (\$10)_____

This membership is designed for Self Advocates.

Individual/Consumer Name: _____

Family/Self Advocacy Groups: \$1.00 per member_____ (number of members (X) \$1.00)

This membership is designed for Advocacy groups.

If selecting this option please list the name of the advocacy group _____

Please fill in the areas listed below:

Street Address: _____ County: _____

City: _____ State: _____ Zip: _____

Email: _____ Phone: () _____



Hotel Information

OSDA has reserved a block of rooms at the:

University Plaza Hotel
3110 Olentangy River Road
Columbus, OH 43202.

Please call and make your reservations by **September 1, 2008**. Phone: 1-877-677-5292

Room Rates: \$92.00 for a single and \$99.00 for a double.

Amenities include: Wireless High Speed Internet Access, 24 Hour Business Center,
 Outdoor Pool, Fitness Center

Directions:

Cleveland:

Take 71 South to the North Broadway exit (exit 114). Turn right on North Broadway and head West for approximately 2 miles. The intersection under the freeway overpass is Olentangy River Rd. Turn left on Olentangy. The University Plaza Hotel is approximately ½ mile on the left side.

Cincinnati:

Take 71 North to State Route 315 North. Take State Route 315 North to North Broadway exit. Turn right on Olentangy River Road. The University Plaza Hotel is approximately 1/2 mile on the left side (turn left at the traffic signal into the front area of the hotel).

East:

Take 70 West to 71 North. Take 71 North to North Broadway exit (exit 114). Turn left on North Broadway and head west for approximately 2 miles. The intersection under the freeway overpass is Olentangy River Road. Turn left on Olentangy. The University Plaza Hotel is approximately 1/2 mile on the left side (turn left at the traffic signal into the front area of the hotel).

West:

Take 70 East to State Route 315 North. Take State Route 315 North to North Broadway exit. Turn right onto Olentangy River Road. The University Plaza Hotel approximately 1/2 mile on the left side.

Airport:

Take 670 West to 71 North. Take 71 North to North Broadway exit (exit 114). Turn left on North Broadway and head west for approximately 2 miles. The intersection under the freeway overpass is Olentangy River Rd. Turn left on Olentangy. The University Plaza Hotel is approximately 1/2 mile on the left side (turn left at the traffic signal into the front area of the hotel).

Ohio Self Determination Association Board Members

President: Annette Davis-Kramp, Medina
CBMRDD

Past President: Nancy Richards,
Clearwater COG

Vice President: Mike Coombes, Self
Advocate

Secretary: Sharon Travis, Erie CBMRDD

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Joe Erpenbeck, Hamilton CBMRDD

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County

John Hannah—Self Advocate

Lew Hurst, Seneca CBMRDD

Glenda Miles, Inclusive Solutions, Inc.

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Susan Sadauskas, Upreach

Lee Wedemeyer, Marion CBMRDD

Dan Woell, Partners in Community, Inc.

Dee Zeffiro-Krenisky, Huron CBMRDD

The OSDA Board would like to recognize and thank those who have sponsored this year's conference!

Ohio Association of Adult Services

**Ohio Association of County Boards
of MRDD**

**Ohio Developmental Disabilities
Council**

Ohio Superintendents Association

Ohio Public Images

Petermann Transportation

Calling all Artists

The Ohio Self Determination Association (OSDA) is pleased to announce free art vendor space for people with disabilities at our upcoming conference. We are looking for up to twenty art programs, individual artists, or entrepreneurs with disabilities to showcase their product(s). For detailed information and a vendor form reservation please visit our website at www.ohiosda.org and click on the "Conference" tab.

Ohio Self Determination Association, Inc.

425 W. Schrock Road, Ste. 201

Westerville, Ohio 43081

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Fax: 614-890-5485

Email: ohiosda@sbcglobal.net

Website: www.ohiosda.org

**Ohio Self Determination Association
Annual Conference 2008
Conference Information and Registration
Enclosed!**

Address Label