

Directions

Seminar Location

Xenos Christian
Fellowship

1340 Community Park Drive
Columbus, Ohio 43229

To Get There:

From I-71 and I-270, drive east on 270 to the first exit (Cleveland Avenue). Go south on Cleveland to the first light (beside the Home Depot). Turn right on Community Park Drive.

The entrance is about ¼ mile down Community Park, on the right. You can't miss the sign.

For more information: www.xenos.org

For additional information please call:
Ruth Hanna, Nursing Services Manager
Mercer County Board of DD
Ph. 419.586.2369 ext. 229

OVERVIEW

Cathy Faulconer RN, BSN, CIC is currently working at Highland District Hospital as Director of Performance Improvement / Corporate Compliance. Cathy received her BSN from Wright State University. She is certified in Infection Control, has specialized education in Diabetes, and is a certified insulin pump trainer. She has over 15 years of nursing experience including; Geriatrics, Medical-Surgical, Telemetry, Nursing Supervision, Infection Control, Occupational Health / Employee Health, Capacity Management, and Diabetes Education.

Ashley H. Bolender, R.D., L.D. is a Clinical Dietitian/Diabetes Educator at Highland District Hospital. Ashley has worked at HDH for 4 ½ years, providing Medical Nutrition Therapy and specializing in outpatient Diabetes Education. HDH has an accredited American Diabetes Association (ADA) Outpatient Diabetes Education Program. Ashley received a Bachelor of Science degree in Dietetics (Magna Cum Laude) from Morehead State University and completed the Miami Valley Hospital Dietetic Internship Program.

Nanette R Wrobel, RPh. Is the Director of Development, of Pharmacy Alternatives. This is a business endeavor for a national pharmacy servicing the developmentally disabled populations, located out of Illinois. She is a graduate of the University Of Illinois College Of Pharmacy. Nanette has been a practicing pharmacist for over 30 years. She has been a featured speaker at many conferences, including: National and International American Association of Mental Retardation, National Association of the Dually Diagnosed, National as well as Illinois Developmental Disabilities Nursing Associations.

After attending this presentation participants will be able to:

- Differentiate between Pre-Diabetes (DM)/Type I DM/Type II DM
- Be aware of current recommendations for lab tests and up-to-date exams related to DM management
- Understand DM-related complications; risk of, prevention of, and management of this
- Understand current ADA recommendations for DM management, including: A1C, blood pressure, cholesterol, diet, exercise, blood glucose monitoring
- Understand basic carbohydrate counting, food label reading, & how food/drinks/alcohol affect blood sugar
- Identify different types of fat and examples of foods high in fat/cholesterol/sodium
- Determine the importance of behavior change related to food choices, including healthy dining out tips and portion control
- Understand the benefits of dietary fiber and how it affects blood sugar
- Define current ADA recommendations of total carbohydrate gram targets for meals and snacks, spacing and timing of meals and snacks, and consistency in carbohydrates eaten
- Identify the various classifications of oral and injectable medication currently used in the treatment of diabetes mellitus
- Describe the mechanism of action, pharmacokinetics, dosing, adverse events and drug interactions of each class of diabetes medications



Healthcare Advisory Committee Presents:

Diabetes in Individuals with DD

Presented By

Cathy Faulconer, RN, BSN, CIC
Ashley H. Bolender, R.D., L.D.
Nanette R Wrobel, RPh.

At the
Xenos Christian Fellowship
Columbus, Ohio

November 16, 2011

Schedule

- 8:15 AM to 8:45 AM Registration
- 8:45 to 9:00 Welcome/Introduction
- 9:00-10:15 Presentation**
- 10:15 to 10:30 Break
- 10:30 to 11:45 Presentation**
- 11:45 to 12:45 Lunch
- 12:45 to 2:00 Presentation**
- 2:00 to 2:15 Break
- 2:15 to 4:15 Nanette Wrobel, RPH.**
- 4:15 Evaluations/Certificates



You must attend the entire seminar to receive continuing education units.

Attendees who arrive late or leave early will receive a certificate of attendance only.

REGISTER EARLY!
Limited Capacity!

Healthcare Advisory Committee

The Healthcare Advisory Committee (HAC) was organized in May of 1992. The committee is currently comprised of volunteer RNs and LPNs from various County Boards, Providers, and COG agencies. The mission of the HAC is to provide support and education for individuals with intellectual, mental or developmental disabilities and the nurses that serve them.

Continuing Education Credits

5.75 Nursing Continuing Education Units are approved for Nursing. For further information call Jacqueline at (330) 717-5322.

Cancellation Policy

Cancellations prior to November 6, 2011 will receive a 50% refund. Refunds will not be granted for cancellations after November 6, 2011.

Registration deadline November 6, 2011

Capacity **Limited to 275**

Registration Form

Sign up for:

- Nursing 5.75 CEUs
- Social Workers 5.75 CEUs
- 5.75 State Contact Hours
- Certificate of attendance

Registration Deadline is **November 6, 2011**

Name _____

Address _____

Phone _____

Special needs/Special Dietary Needs _____

Please check if you need email confirmation:

_____ Registration confirmation

_____ For receipt of payment

Email address: _____

\$50.00 Registration fee includes 5.75 Nursing CEUs, handouts, refreshments and a lunch.
Returned checks will be charged a \$50 penalty

PLEASE MAIL THIS REGISTRATION AND

\$50 CHECK TO:

HEALTHCARE ADVISORY COMMITTEE, INC
C/O PATTI HIGGINS

1275 LAKESIDE AVENUE EAST
CLEVELAND, OHIO 44114-1132

WE'RE SORRY. WE ARE UNABLE TO ACCEPT PURCHASE ORDERS FOR THIS SEMINAR

(216) 861-0253 (FAX) ~ OFFICE (216) 736-2686